



St Francis of Assisi Parish



REFLECTION

ON THE HEART OF MARY

The Divine Office acclaims Mary, our Mother, with these words: “O Pure and Holy Virgin, how can I find words to praise your beauty? The highest heavens cannot contain God whom you carried in your womb. Blessed are you among women and Blessed is the fruit of your womb”.

Through Reading, Listening and Observing, Mary contemplated all she had come to know in the Scriptures. She grew in Faith, increased in Merits, more illuminated by Wisdom and was consumed by the Fire of Charity and Love. The heavenly mysteries were opened to her and she was filled with Joy. She became fruitful by the Spirit and was directed towards God while being watched over protectively by God himself. So remarkable are the divine graces that elevated her from the lowest depth to the highest summit, transferring her to a greater holiness. How entirely blessed was the mind and heart of Mary! Through the presence and guidance of the Holy Spirit, she was open in every way and always to the power of the Word of God. She was not led by her senses nor by her own will. She accomplished outwardly through her body all that Wisdom within gave to her faith. It was fitting for Divine Wisdom to use the intervention of the most blessed Mary in guarding the law, purifying the mind, giving an example of humility and providing a spiritual sacrifice.

So, every faithful soul must imitate her by entering into the deep recesses of its heart so that it may be purified spiritually and cleansed from sins. God places more value on good will in all we do than on the works themselves. Whether we give ourselves to God in contemplation or whether we serve the needs of our neighbours by good works, we accomplish the love of Christ which urges us on. The acceptable offering of the spiritual perfection is accomplished not by a man-made temple but in the recesses of the heart where the Lord Jesus enters freely. Such was the Heart of Mary.

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Parish Priest

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