



REFLECTION

REFLECTION ON CHRISTIAN PERFECTION

Based on St. Gregory

Dear Parishioners

CHRISTIAN PERFECTION consists in sharing the titles which express the meaning of Christ's name. We bring out this meaning in our minds, our prayers and in our way of life. The life of a Christian has three aspects: Thoughts, Words and Deeds. Thoughts occur first, words follow to express openly the interior conclusions of the mind and our deeds carry out what the minds have conceived. Hence, we must make sure that all our thoughts, words and deeds are controlled by the divine ideal of Jesus. Thus, our thoughts, words and deeds will not fall short of the nobility of their implications.

What then must we do to be found worthy of the name of Christ? Each of us must examine our thoughts, words and deeds to see if they are directed towards Jesus or if they are turned away from him. If our thoughts, words and actions are not in harmony with those of Jesus, then they issue from our human passion. Then they leave the marks of the enemy who smears the pearl of the heart with the slime of passion, dimming or even destroying the lustre of the precious stone.

On the other hand, if they are free from every human passionate inclination, then they are directed towards Christ, who is the author and source of peace. Jesus is like a pure untainted stream. If you draw from him the thoughts of your mind and the desires of your heart, you will show the likeness of Christ just as a gleaming water in a jar resembles the flowing water from which it was obtained. For, the purity of Christ and the purity manifested in our hearts are identical. Christ's purity is the fountainhead and ours flows out of him.

Our life is stamped with the beauty of his thought. Our inner and outer man are harmonised in a kind of music. The mind of Christ is the controlling influence that inspires us to moderation and goodness in our human behaviour. That is Christian Perfection.

"Whatever you do in word and deed, do all in the name of the Lord Jesus" – Colossians 3:17. "None of us lives just for himself and none of us dies for himself. Do all in the name of the Lord Jesus" - Romans 14:7.

God bless us all.

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